

# Northwestern Regional Lunch Menu

## Meal Deal # 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Bagel w/ Egg, Ham & Cheese Orange Juice Assorted Desserts Milk	Chicken Pattie Whole Wheat Roll Corn Assorted Desserts Milk	Meatball Grinder Club Roll Garden Salad Assorted Desserts Milk	Hamburger Pattie Lettuce & Tomato Whole Wheat Roll Steamed Carrots Assorted Desserts Milk	Pretzel Cup Chili Garden Salad Assorted Desserts Milk
<b>Week 2</b>	Cheese Quesadilla Sour Cream & Salsa Garden Salad Assorted Desserts Milk	Grilled Hot Dog Roll Baked Beans Sauerkraut Assorted Desserts Milk	Cheese Stuffed Shells Marinara Sauce Wheat Dinner Roll Garden Salad Assorted Desserts Milk	Philly Steak & Cheese Roll Green Beans Assorted Desserts Milk	Macaroni & Cheese Mixed Vegetables Wheat Dinner Roll Assorted Desserts Milk
<b>Week 3</b>	BBQ Rib Roll Corn Assorted Desserts Milk	Salisbury Steak Mashed Potatoes Mushroom Gravy Green Beans Assorted Desserts Milk	Chicken Parmesan Wheat Dinner Roll Garden Salad Assorted Desserts Milk	Sloppy Joe Whole Wheat Roll Steamed Carrots Assorted Desserts milk	Grilled Cheese Sandwich Cream of Tomato Soup Peas Assorted Desserts Milk
<b>Week 4</b>	French Toast Sticks Syrup Sausage Pattie Orange Juice Assorted Desserts Milk	Sweet & Sour Pop Corn Chicken Over White Rice With Broccoli Assorted Desserts Milk	Cheese Ravioli Marinara Sauce Wheat Dinner Roll Garden Salad Assorted Desserts Milk	Chicken Nuggets Dipping Sauces Corn Wheat Dinner Roll Assorted Desserts Milk	Fish Filet Wheat Roll Tossed Green Salad Assorted Desserts Milk

Nutritious Meals at a Great Price ! \$2.80

### Meal Deal # 2

Salad Bar  
Cheese or Chicken  
Assorted Vegetables  
Whole Wheat Roll  
Assorted Desserts  
Milk

### Meal Deal # 3

Monday: Turkey & Cheese  
Tuesday: Ham & Cheese  
Wednesday: Chicken Salad  
Thursday: Turkey & Cheese  
Friday: Tuna Fish  
All served on Whole Wheat Bread  
Assorted Desserts  
Milk

### Meal Deal # 4

Stuffed Crust Pizza  
Garden Salad  
Assorted Desserts  
Milk