

## **Northwestern's Return to Play Information**

The Department of Public Health has issued guidance for a gradual return to physical activity for student athletes following a COVID infection, which can be found here: [Updated Guidance for the Operation of Interscholastic, Youth and other Amateur Sport Activities during the COVID-19 Pandemic](#) (Connecticut Department of Public Health, January 10, 2022). We will be following that guidance for our student athletes.

Given that special guidance for student athletes, please be reminded that other protocols apply for students returning to school in the normal course following recovery from a COVID-19 infection. As is the case with any other injury or illness, we rely on parents and guardians to inform us if any medical restrictions apply to the return of their child to school after recovering from COVID-19. Unless we receive notification of medical restrictions, we understand that a returning student may and will participate in all normal school activities, including physical education, as is the case with any other injury or illness.

If you have any questions or concerns about the ability of your child to participate in all normal school activities when returning to school following absence due to any injury or illness, including COVID-19, please contact your medical advisor. If your medical advisor imposes any restrictions, please let us know so that we can honor such restrictions.

The health and safety of all our students remains our primary concern.