

# June 2019

## Northwestern Regional High School Lunch

Daily Lunch Price: Paid \$3.00 Reduced \$.40 Milk Price: \$.60

Milk is offered with every meal: 1% or fat free white, fat free chocolate

Daily offerings: Assorted fresh or canned fruits, raw veggies w/hummus

Always Available: Pre-made salads, Grab-N-Go Box, Deli Bar

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
| <p>A healthy breakfast is available daily. If your child qualifies for free or reduced lunch, they also qualify for free or reduced breakfast</p> |  |   |  |  |
|   | 3  | 4   | 5  | 6  |
|   | French Toast Sticks with Syrup<br>Turkey Sausage Patties<br>Seasoned Carrots | Chicken Tenders Regular or Spicy Fries<br>Seasoned Corn<br>Dinner Roll              | Mozzarella Sticks w/Marinara<br>Green Beans<br>Tater Tots<br>Breadstick            | Cheddar Fries Supreme<br>Seasoned Ground Beef<br>Sour Cream, Broccoli<br>Crinkle Cut Fries<br>Apple Fruit Pocket |
|   | 7  |   |  |  |
|   | Pizza Variety<br>Garden Salad  |   |  |  |
| 10  | 11   | 12  | 13   | 14   |
| French Bread Pizza<br>Vegetable   |  |  |  |  |
| 17  | 18   | 19  | 20   | 21   |
|   |  |   |  |  |
| 24  | 25   | 26  | 27   | 28   |
|   |  |   |  |  |

This institution is an equal opportunity provider.

**Menu subject to change**