

# May 2018

## Northwestern Regional High School Lunch

Daily Lunch Price: Paid \$3.00 Reduced \$.40 Milk Price: \$.60

Milk is offered with every meal: 1% or fat free white, fat free chocolate

Daily offerings: Assorted fresh or canned fruits, raw veggies w/hummus

Always Available: Pre-made salads, Grab-N-Go Box, Deli

Monday	Tuesday	Wednesday	Thursday	Friday
Free Summer Meals! For Sites Near You, Call 211 www.CTSummerFood.org	1 Chicken Tenders Regular or Spicy Fries Dinner Roll Seasoned Corn	2 Mozzarella Sticks w/Marinara Tater Tot Breadstick Green Beans	3 Cheese or Chicken Quesadilla, w/Salsa & Sour Cream Herbed Broccoli & Cauliflower	4 Pizza Garden Salad
7 French Bread Pizza Green Beans	8 Popcorn Chicken Mashed Potatoes w/Gravy Corn Blueberry Muffin	9 Pasta w/Meat Sauce Breadstick Steamed Broccoli	10 Nachos Beef or Chicken Cheese, Tomato, Salsa, Sour Cream, Seasoned Corn Rice & Red Beans	11 Fried Dough w/ Marinara and Mozz or French Bread Pizza Spinach Salad
14 Cheddar Fries Supreme Seasoned Ground Beef Sour Cream Green Beans Apple Fruit Pocket	15 Chicken Nuggets French Fries Glazed Carrots Biscuit	16 Meatball Grinder Onion Rings Mixed Vegetable Blend	17 Hot Dog on a Roll French Fries Baked Beans Fresh Baked Cookie	18 Pizza Garden Salad
21 Asian Chicken Steamed Brown Rice Oriental Vegetables Fresh Baked Cookie	22 Chicken Patty on a Roll Regular or Spicy Fries Broccoli	23 Pasta with Marinara Sauce and Meatballs Dinner Roll Garden Salad	24 Soft Taco w/Salsa, Lettuce, Tomato, Sour Cream, Corn Rice w/black beans Fresh Baked Cookie	25 Pizza Garden Salad
28 Memorial Day No School	29 Egg, Sausage & Cheese on a Bagel or English Muffin Sweet Potato Tots	30 Macaroni & Cheese Popcorn Chicken Sweet Peas Breadstick	31 Cheeseburger on a Roll Potato Wedges Black Bean & Corn Fiesta Salad Fresh Baked Cookie	

EdAdvance does not discriminate in any of its programs, activities, or employment practices on the basis of race, color, national origin, ancestry, sex, religion, age, disability, veteran, marital or familial status. To file a complaint write USDA Director, Office of Civil Rights, Washington DC, 20250. This institution is an equal opportunity provider

Menu subject to change