

REGIONAL SCHOOL DISTRICT NO. 7
BARKHAMSTED, COLEBROOK, NEW HARTFORD, NORFOLK
Post Office Box 656, Winsted, Connecticut 06098
(860) 379-1084

Judith A. Palmer, Ed.D.
Superintendent
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Richard E. Carmelich III
Director of Finance and Operations
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Having a healthy breakfast is such an important part of your child's day. We would like to remind you that we offer a complete breakfast in the morning when your child arrives at school.

A copy of the application to apply for free or reduced pricing appears on our website, nwr7.com, District, Food Services.

**Breakfast prices are: \$1.90 per paid breakfast meal;
\$.30 reduced breakfast meal
and free breakfast for eligible students.**

**Lunch prices are: \$3.00 per paid lunch meal;
\$.40 reduced lunch meal;
and free lunch for eligible students.**

Please feel free to contact Holli LaBarbera, Food Service Director, (860) 567-0863 Ext. 148, with any questions.

